



What happens when your Reablement service ends?



Bath and North East Somerset,
Swindon and Wiltshire Partnership
Working together for your health and care

This leaflet is for people who receive reablement following a hospital admission.

What is Reablement?

Reablement is a service to help you regain your abilities, where possible, in your own home, following a period of being unwell. Reablement aims to prevent, reduce and delay the need for longer term support.

What happens when I no longer need reablement?

During your time with Reablement, you need to start thinking about how your care and support needs will be met when it comes to an end. Starting to think about this early helps you keep your independence and helps meet the outcomes that are important to you. Thinking about this early can also help you get any support you might need sooner. Reablement helps you to regain your skills and confidence with your daily routine, in a way that means you don't need any longer-term support. The Reablement team will discuss with you what outcomes you want to achieve and agree when you no longer need Reablement support. If you do need ongoing support, we can refer you to Adult Care Services. They will talk with you about your ongoing care and support needs and decide together, how best to meet them. This might include:

- Information, advice and guidance - You might like to know more about benefits, accessing social support or equipment to help to remain independent at home.
- Informal support - Discussing if your family, friends or voluntary agencies can support you in any way
- Ongoing Care package - This is where carers visit you at home, depending on your assessed needs
- Direct Payment - This is where you choose to purchase your own care and Adult Care contribute towards the cost of this, providing you are eligible for this.

How is reablement paid for?

Reablement is a short-term assessment service available for a period of up to 6 weeks and is funded by the NHS and B&NES Council. It is important that we allocate our resources carefully and only provide reablement to the people that really need it, when they need it. When your ongoing support needs have been identified, your Reablement service will be drawn to a close. A Care Act Assessment can be carried out with you to determine what longer-term support you need. This assessment helps to understand any areas of your life you need support with, and discussion about how you choose to meet those needs in the future. You can choose to decline a Care Act Assessment if you decide to manage your care needs and self-fund your care, without our support.

Adult Care can help find the package of care for you, depending on the outcomes of your Care Act Assessment. The Reablement service may continue for up to 6 weeks, however

if long term care needs are identified before that, you will be required to pay an assessed weekly care charge towards the costs of your care, from the date your Care Act Assessment is complete. This might mean that you need to pay your assessed weekly care charge even when the Reablement team are still visiting you. This is because you are receiving care alongside Reablement.

How much do I have to pay towards the cost of my care?

The B&NES Council Care Finance team will work with you to understand your financial position and work out how much your assessed weekly care charge towards the cost of your care and support will be. The Care Finance Officer will also be able to assist and signpost you to support to find out if you are eligible for any benefits. We can give you written information about paying for care and support and how your assessed weekly care charge is calculated and will be able to answer any queries you have. You may wish to seek independent financial advice to ensure you make the best decisions for you.

If you have over £23,250 in savings, you will need to pay the full cost of your care. This is the national threshold set by the UK Government and is reviewed each year. If you have over this amount of money in savings and assets, you will need to find your own care and set this up directly with a care agency. We can help you do this by giving you a list of care agencies who you can contact yourself.

Can I change how much care I receive?

The Adult Care Team will talk to you about how much care you need to achieve the outcomes that are important to you.

They will write a support plan which details what care and support needs you have and how each of them will be achieved. If you regain skills or become more unwell, after the care has started, you can make amendments to your support plan. Do keep in touch with your Adult Care Team to get advice and support.

Where Can I get more information?

For information on Care Act Assessments and Support Planning, please visit: <https://beta.bathnes.gov.uk/get-social-care-and-support-assessment>

For information about more community services, please visit: <https://livewell.bathnes.gov.uk/>

If you do not have access to the internet, please call our community wellbeing hub, who can provide you with the necessary information, advice and guidance. Their telephone number is **0300 247 0050**.